



St Barnabas Bulletin - Autumn 2012

When the Lottery paid out

The College received the accolade of an award from the Big Lottery Fund to assist with events at this year's Festival.

The Open Afternoon on 9th June and a concert sung by Sussex Cantorum the following day were both generously supported by a grant from the prestigious funding body.



LOTTERY FUNDED



At the Open Afternoon the East Surrey Morris Men (*right*) danced two sets of dances in glorious sunshine. In between their performances, our old friends the Royal Ascot Trio (*left*) played



more of the high quality jazz that has become a hallmark of the afternoon.

The concert by Sussex Cantorum (*below right*) played to a packed audience from the local community and brought the 2012 Festival to a stylish conclusion.

Director of Fundraising, Lord Michael Herbert, was thrilled. "An award from the Big Lottery Fund is worth much more than just the money itself," he said. "It shows how highly thought of the College is and speaks volumes to the other funding bodies we approach."



Caring for retired Anglican Clergy

A Rich Quality of Life

At the College we pride ourselves on working continually to enhance the quality of life of all who live here.

Our recent appeal to enable us to develop this work further has met with wonderful support, and we thank everyone who has contributed so generously. Altogether, some £100,000 has been raised - a fantastic achievement.



With Lady Guinness (*third from right*)
at East Barsham Manor

The house is privately owned and not normally open to the public. Thanks to the generosity of Sir John and Lady Guinness many of our group realised a long-held ambition when we were given a private tour of the house before taking afternoon tea. All this was in addition to the usual opportunities of meeting other pilgrims and worshipping in this unique holy place.

Among the activities which take place at the College is a lively programme of visits. One of the highlights of the year is the annual pilgrimage to Walsingham in Norfolk. As well as being a time of spiritual renewal, the pilgrimage also includes a visit to a nearby visitor attraction. Not far from Little Walsingham, the road passes a spectacular red-brick Tudor mansion called East Barsham Manor.



The beautiful grounds of the Shrine
at Walsingham



Crowds gather for Songs of Praise ...

The service was held this year in the grounds beside the station building (see *above*), and after the journey back to Horsted Keynes the group gathered beside U class locomotive No. 1638 with the driver and the Chaplain to the railway, Fr John Twisleton (*seen here in the cab between the driver and the Warden*).

Next year, the railway plans to extend the line to East Grinstead, so we shall be able to reach the Bluebell Line from the platform next to the College!

They say that clergy have a particular fondness for steam trains. Certainly, the annual Songs of Praise service at the nearby Bluebell Railway is an established favourite. Not only is there the chance to join with members of many other churches from the surrounding area, but the event begins with a steam-hauled train journey from Horsted Keynes station to Kingscote, where the service takes place.



... and we admire No. 1638



Latchetts Garden

such as a labyrinth as well as more traditional elements including a rose bank, a pond garden and a sundial garden. After visiting the many different areas, everyone gathered in the marquee for afternoon tea (*right*).

This summer also saw a visit with the Friends of the College to a local hidden treasure - Latchetts Garden in nearby Danehill. Covering some eight acres, the gardens are divided 'rooms', many with a spiritual theme, including "New Life Place", a "believer's journey" and several depictions of the Water of Life (*left*). There are also a Millennium Garden and other religious symbols



Afternoon tea

All these occasions have been away from the College, but there are many other activities which take place here. They are, of course, open to everyone, and enable those who cannot travel to follow particular interests while enjoying the company of fellow residents.

The College offers a whole series of groups which explore different subjects. The poetry group, theology group and musical appreciation groups all meet each month. Speakers from outside the College as well as Residents themselves contribute to these meetings.



The Art Group

The Art Group (*left*) led by tutor Angela Schulz is a weekly activity. "It is a delight to see beginners and experienced painters come together in an activity that is both energising and calming," she says.

taken while listening to piano music that invigorates and leaves everyone with a smile. "The aim is to maintain mobility and increase well-being," says teacher Maureen Braban. "It can also help rehabilitate people who have had hip replacements or strokes."

Another weekly event is the "Extend" group (*right*) enabling gentle exercise to be



The 'Extend' Class



The most personalised activities are co-ordinated by Mrs Mandy Steer. "Since the introduction of the Pastimes Programme, our Nursing Wing residents have enjoyed everything from crafts, gardening, flower arranging to aromatherapy and even games (*see left*) as well as enjoying more of each other's company," she says. "Recently, one gentleman was able, with support, to visit local shops, which he had not been able to do for some time. Opportunities such as these are making a wonderful difference to the lives and wellbeing of those who live here."

Not just a piece of paper

After taking care of loved ones, consider a charity in your Will and see how a piece of paper can do truly amazing things.

Much of our income comes from the generosity of people like you, whether it's through collection boxes, responding to requests for help or taking part in our events. In fact, almost 75% of people in the UK support a charity in their lifetime, but only 7% of them go on to leave a charitable gift in their Will. But if just 4% more decided to make room for their favourite charities in their Will, it would result in a further **£1 billion every year** for good causes – that's the equivalent of an extra 10 Comic Relief appeals every year.



Over the next two years we would like to be able to reroof the eastern half of the College's Central Block and the Chapel with the help of legacy contributions, but the reality is that up to now relatively few of our supporters have made room for the College in their Will. Perhaps that's just because they do not know how easy it is to do, or that by making what is known as a residuary legacy they can make sure that they take care of their family and friends first, while still helping the College with much-needed support.

That's why, as a member of the national Remember A Charity consortium, we are taking part in Remember A Charity Week to help raise awareness of the importance of gifts left to charity in Wills and to remind people just how easy it is to make a charitable bequest.



It's a common myth that you have to be wealthy to leave a gift to charity in your Will, but in fact nothing could be further from the truth. After taking care of family and friends, you'll be amazed at what one final gift, no matter how big or small, can do to help us.

We are extremely grateful for any gift that's been left to us, whatever the amount, as it will help us to continue to care for elderly and frail Anglicans who have given their lives to serve the Church and now look to us for care and support.



Of course, we don't expect you to update your Will right now. Instead, we only ask that you think about making room for us in your Will.

But if you would like to write or update your Will, it's easier than you think. Remember A Charity has teamed up with The Co-operative Legal Services who can give you free advice and support.

Just call 0844 252 9965 and quote RACWILLS01.

To find your nearest solicitor or professional Will writer or for more information visit www.rememberacharity.org.uk.

Caring for retired Anglican Clergy